

New Mask Wearing Guidelines from March 13th

Individual decisions on wearing or not wearing masks are respected



Don't forget to take infection prevention measures such as ventilating rooms, avoiding the 3Cs*, and washing and sanitizing hands. *3Cs: Closed spaces, Crowded places, and Close-range conversation)

Wearing a mask is an effective method of preventing infection.

You should carry a mask with you for use in the following situations.

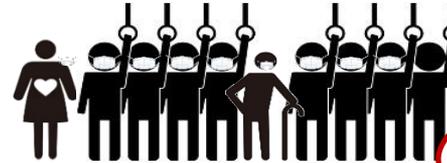
- **When visiting senior care facilities or medical institutions**

It is necessary to give consideration to those who are at high risk of developing severe symptoms, including senior citizens and those who are pregnant.



- **When riding crowded trains or buses**

During commuter rush hours, etc.



- **When visiting crowded places**

Senior citizens, those with underlying medical conditions, and those who are pregnant should wear masks.



There might be people at high risk of becoming seriously ill around me. I had better put on a mask.

- **When you have symptoms, have tested positive, or live with someone who has tested positive**

To protect others when leaving the house for unavoidable reasons



Please cooperate when asked to wear a mask by businesses, facilities, etc.