It is predicted that there is a 70 percent possibility of an earthquake directly hitting Tokyo within the next 30 years. Are you prepared?
Let’s Get Prepared.

What if an earthquake hits Tokyo now? What will you do in this instant when our city undergoes a drastic change? If you are at home; if you are in the subway; if it’s the middle of winter; if it’s in the middle of the night; if you are alone; if you are with someone who needs to be protected... What will you do?

Take this time to imagine the situation; to gain proper knowledge; to prepare stockpiles; to discuss what to do with your family and neighbors... Each effort you take to prepare will help protect you. We can fight disasters. So, let’s get prepared and do everything to protect ourselves.
What is “Disaster Preparedness Tokyo”? 

Various disaster risks lurk in Tokyo. “Disaster Preparedness Tokyo” is a Tokyo-style disaster preparedness manual that is tailored to the various local features of Tokyo, its urban structure, and the lifestyles of its residents. This manual does not just provide you with knowledge of disaster preparedness, but also contains many specific disaster preparedness actions you can start taking immediately. Use this along with the digital version and the Tokyo Preparedness Map to protect yourself from a disaster.

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Manga TOKYO “X” DAY by Kaiji Kawaguchi

This original manga comic vividly describes how Tokyo would be like just before and immediately after a major earthquake. Imagine yourself in these situations and take actions to be prepared.
“Let’s Prepare Now” Symbol Mark: Do Now

In this manual we have added the “Do Now” mark to pages introducing disaster preparedness actions that can be implemented right away. Make it a point to first confirm the contents of pages containing this mark and carry out those actions. Here, we list 10 particularly important actions to take. Let’s prepare now!

- Prevent furniture, etc. from falling over
  → pp. 100, 102

- Check for seismic resistance
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- Confirm where to evacuate
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- Hold a family meeting
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- Sign up for disaster information services
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- Participate in fire and disaster drills
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- Prepare an emergency bag
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